

**Mr. Raghvir Singh**  
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**Educational Qualification:**

Exam Passed	Specialization	Board/ University	Passing Year	Class/Division	% Marks
<b>10+2</b>	History, Pol.Science, Eng, Punjabi,Phy.edu	P.S.E.B.	March 1998	216/450 Second division	48 %
<b>B.P.E</b>	Health Education Yoga,anatomy, History of phy.edu	Nagpur university Nagpur	2003	2168/3100 Second Division	69.93%
<b>P.G.D.in Yoga</b>	foundation of yoga,naturopathy Accupresuer	Punjabi University Patiala	2008	481/800 First division	60.12%
<b>M.A</b>	foundation of yoga,naturopathy	Gurukul Kangri University Haridwar	2011	944/1600 First division	59%
<b>C.C.in Yoga</b>	yoga asana,pranayam	Punjabi University Patiala	2005	184/300	61.3%

**Experience:**

Sr. No	Name and address of Employer	Post Held	From	To	Brief Description of Duties
1.	<b>S.K.R.College of Physical Education Bhagomajra,Kharar</b>	Assistant Professor (contract )	12-05-2014	12-7-2014	Teaching
2.	<b>K.V.No.-1Rcf Hussainpur, Kapurthala</b>	Yoga Instructor (contract)	17-07-2014 to 28-02-2015	28-02-2015	Teaching
3.	<b>K.V.No.-1Rcf Hussainpur, Kapurthala</b>	Yoga Instructor (contract)	01-04-2015	28-02-2016	Teaching
4.	<b>K.V.No.-1Rcf Hussainpur, Kapurthala</b>	Yoga Instructor (contract)	01-04-2016	07-12-2016	Teaching
5.	<b>Dept. of physical education,Punjabi university patiala</b>	Yoga Instructor (Regulor)	09-12-2016	Till Date	Teaching

**SEMINARS/ CONFERENCES AND WORKSHOPS ATTENDED  
AND PAPER PRESENTED:**

<b>Sr. No</b>	<b>Seminar/ Conferences/ Workshop</b>	<b>Venue</b>	<b>Period</b>
1.	National workshop in Physical Education.	Punjabi University, Patiala	February(2008)
2.	National Conference on Holistic Approach to Health & fitness	Punjabi University, Patiala	February(2008)
3.	Two Days Workshop,Alternative Therapies Yoga* Naturopathy for complete Health	D.A.V.College for Girls Yamuna Nagar Haryana	April (2008)
4.	Relevance of yoga in the present Context As a Science Of Living	P.G.Deptt of Yoga&HolisticHealth,GovtM.B.P.G. College, Haldwani(Nanital)	March (2010)
5.	National Conference On Naturopathy & Yog	Dept.ofAyush, Ministry of Health,Govt of india jhinholi	March (2010)
6.	National Seminar & Workshop Teaching Methods in Yoga	Department Of Human Consciousness & Yogic Science Gurukul Kangari Vishwavidyala, Haridwar (Uttarakhand)	March (2011)
7.	Divshya Karyashala Avm Prishikshan Shiver	Mokshayatan International Yogashram Sharanpur(UP)	March (2011)